

HOMESCHOOL HYGGE PRACTICES

Hot drinks: tea, coffee, or hot chocolate.

Hot food: soups & stews or fast food in the crockpot.

Chocolate and wine when kids are in bed.

Morning skincare routine and morning cuddles with books & blankies.

Neighbourhood walks, afternoon bicycle, and a hot tub.

Afternoon ski or swim and **NO** studies!

Sleeping in, documentaries, and popcorn.

Choose one subject a week or delete a subject.

Spotify, fireplace, and candles.

Kitty cats, PJs, and cozy blankets.