



Canva

LIVING LIFE

on purpose

- KNOW YOUR WHY
- SHARE YOUR REAL SELF WITH OTHERS
- PROACTIVE NOT REACTIVE
- CONSULT YOUR CREATOR
- ENACT A MORNING ROUTINE
- CREATE A CALENDAR
- CHOOSE YOUR INFLUENCERS
- TAKE CARE OF YOUR SELF
- PURPOSE IS CREATED BY YOU

@CAPTURINGTHECHARMEDLIFE



Canva



Canva

CONQUERING THE

the slump month

- USE A UV LIGHT & A SLOWER MORNING ROUTINE
- GET OUTDOORS & SLED, SKI, OR SNOWSHOE
- GIVE UP A SUBJECT ENTIRELY FOR A WEEK
- SWITCH MORNING AND AFTERNOON ROUTINE
- FOCUS ON FIELD TRIPS
- PLAY GAMES, BOARD GAMES OR HOMESCHOOL JEOPARDY
- DOCUMENTARY AFTERNOON WITH POPCORN
- LET THE KIDS CHOOSE THE SCHEDULE
- CELEBRATE THE 100 DAY PARTY

@CAPTURINGTHECHARMEDLIFE



Canva