

Guidebook for Planning

YOUR FIRST HOMESCHOOL YEAR

- Work toward realistic expectations: time block & practice presence.
- Self-care is a requirement, not an option: plan 1 hour a week away.
- You can influence your children, but you cannot control them: focus on your relationship and connection.
- Academics are not synonymous with education: decide your answer to *What is an Education anyway?*
- You will have to answer the S questions: plan your answer & practice boundaries.
- You may be the greatest educational recipient in your homeschool: include your interests (and always include theirs).
- There is no way to homeschool the *right way*: just do it, observe your kids, ask if it's working, expect mistakes, and continue learning, & growing.
- Everything will not go well all the time: plan for it.
- Work toward fun & build memories.
- Know yourself, how you relate & what you need.
- Practice reframing your challenging thought patterns & addressing your big emotions.

SCHEDULE AN APPOINTMENT TO CHAT ABOUT YOUR NEW HOMESCHOOL.

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