Homeschool Mana Reading List

FOR YOUR RELATIONSHIP

- I. Growing yourself Up: How to Bring your Best to all of Life's Relationships by Jenny Brown
- 2. Breaking the Habit of Being Yourself: How to Lose your Mind and Create a New One by Joe Dispenza
- 3. Five Love Languages: How to Express Heartfelt Commitment to your Mate by Gary Chapman
- 4. Nonviolent Communication by Marshall B. Rosenberg
- 5. Hold Me Tight: Seven Conversations for a Lifetime of Love by Sue Johnson
- 6. Rising Strong by Brene Brown
- 7. Getting the Love you Want by Harville & Helen Hendrix
- 8. The Seven Principles for Making Marriage Work by John & Julie Gottman

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