

# Homeschool Mama Reading List

## FOR YOUR PERSONAL GROWTH

1. The Path Made Clear, by Oprah Winfrey
2. The Not So Big Life, by Sarah Susanka
3. Being Mortal, by Atul Gawande
4. Big Magic, by Elizabeth Gilbert
5. The Power of Now, by Eckhart Tolle
6. Hold Me Tight, by Sue Johnson
7. Nonviolent Communication, by Marshall Rosenberg
8. Hold On To Your Kids, by Gordon Neufeld
9. The Five Love Languages, by Gary Chapman
10. Breaking the Habit of Being Yourself, by Joe Dispenza
11. Braving the Wilderness, by Brene Brown
12. Growing Yourself Up, Jenny Brown
13. Happier at Home, by Gretchen Rubin
14. The Charge, by Brendon Burchard
15. The Untethered Soul, by Michael A. Singer
16. Resilient, by Rick Hanson
17. No Bad Parts, Dick Schwartz
18. Kristen Neff, Self-Compassion

@capturingthecharmedlife