

Life your Life on Purpose

NURTURE THE NURTURER

- Know that purpose is created by you.
- Choose fewer activities.
- Plan fun (just for you) this week.
- Share yourself with others.
- Create things from your heart.
- Practice anti-people pleasing.
- Include mindfulness each day.
- Know why you're homeschooling.
- Read your daily affirmations.
- Define the concept of education.
- Enjoy & appreciate each comfort.
- Address your emotional needs.
- Get eyeball to eyeball time with kids.

Teresa Wiedrick, your Homeschool Life Coach